


Rhos-y-gwaliau (RYG) 2025 Parent Information

<p>When are we going?</p> <ul style="list-style-type: none"> • Leave around 8am on Sunday 12 January 2025 • Back during the afternoon of Saturday 18 January 2025 • 6 Nights away, 5 full days of activities 	<p>How much does it cost?</p> <ul style="list-style-type: none"> • The cost this year is £450.00. There are no other charges. • The money we ask you for is for 6 nights and 5 days of food and accommodation as charged by the centre. It is NOT a voluntary contribution. • The total amount can be paid in 6 instalments of £75 each via MCAS. The first payment will be due by 19 July, with the remaining 5 payments to be made at the start of September, October, November, December and January. • We encourage the children to help pay for the trip by saving pocket money and Christmas money etc. • Children currently in receipt of free school meals (FSM) - and those who have had them at any point in the last 6 years - are entitled to a reduction in the cost. • We are sometimes able to give reductions in other cases of hardship. Please speak to us. • £15 - £20 spending money maximum (but, not required).
<p>Who can go?</p> <ul style="list-style-type: none"> • The School Journey is an important part of the Year 6 curriculum (i.e. PSHE, PE, Geography) and we encourage all children to go on the trip. • We reserve the right not to take any child whose behaviour at school (including trips and clubs) suggests that they will (a) endanger themselves or others; (b) disrupt the learning and enjoyment of others; (c) fail to follow instructions; or (d) be rude to others. 	
<p>Why go to RYG?</p> <ul style="list-style-type: none"> • Build self-esteem & confidence • Improve communication and listening skills • Develop thinking skills (e.g. problem solving) • Personal and social development (e.g. taking responsibility and working with others) • Responsibility for the environment • Responsibility for own health and safety • Trying new activities and learning new skills 	<p>What do the children do at RYG?</p> <ul style="list-style-type: none"> • Rock climbing / Beach scrambling • Via Ferrata • Gorge walking • Canoeing • Mine exploration • Orienteering & Map reading • Mountain hike • Problem solving and team challenges
<p>Accommodation</p> <ul style="list-style-type: none"> • The main centre sleeps up to 72 children and the annexe sleeps up to 40. • Children stay in single sex dormitories (of various sizes). • Staff bedrooms are located next to the dormitories. • We will be the only group on site. • Buildings secured by teaching staff at night. • Children's common room for 'down time'. 	<p>What do they eat?</p> <ul style="list-style-type: none"> • Breakfast (juice, cereal, toast, fruit, yoghurt etc). • Packed lunch & drink taken to activities. • Three-course evening meal. • Hot drink and snack before bed. • Vegetarians and special diets catered for – please tell us in advance. • Do NOT pack chocolate, crisps or fizzy drinks as RYG provides plenty of food!
<p>How do we get there?</p> <ul style="list-style-type: none"> • We travel to RYG by luxury coach with on board toilet. • The journey takes approximately 5 hours, including 60-minute lunch stop. • Children need to provide their own packed lunch for journey to RYG. • Children travel by 16 seat minibuses to activities. 	<p>What to pack?</p> <ul style="list-style-type: none"> • All equipment needed for activities is supplied by the centre (including fleece; waterproofs; rucksack and walking boots). • Children will need a single duvet cover, pillowcase, water bottle, lunch box and unbreakable (i.e. no glass inside!) flask. • A full list of clothes and other essentials is enclosed with the written information. • No mobile phones. • We recommend disposable cameras only (if at all).

<p>Health & Safety</p> <ul style="list-style-type: none"> • RYG is licensed by the Adventure Activities Licensing Authority and all instructors are highly qualified and experienced in the activities they lead. • We undertake a rigorous risk assessment process and take advice from the Outdoor and Adventurous Activities Service (OAAS). • Children provided with appropriate safety equipment and training for all activities. • All instructors First Aid trained. • Centre staff on call during the night. • Doctor on-call and local hospital nearby. 	<p>Weather</p> <ul style="list-style-type: none"> • In January the average temperature ranges from -6 °C (at night) to about 7 °C (during the day). • Children are lent full waterproofs, walking boots, high quality fleeces and other equipment as required. 	
<p>RYG Orientation</p> <ul style="list-style-type: none"> • In school time. • Useful pre-trip preparation: <ul style="list-style-type: none"> ○ Team building ○ Problem solving ○ Fitness / Stamina ○ Practice skills (e.g. climbing, map reading) ○ Q&A about routines etc 	<p>Cancellation & Refund Policy</p> <ul style="list-style-type: none"> • Must be in writing (e-mail is fine) to the Headteacher. • For cancellations on or before 6 December 2024 (6 weeks prior to departure), you will receive a full refund of any money paid, including your deposit. • After that date, we regret that there will be no refund – and you may be liable for the full cost of the trip - unless there is a legitimate reason for cancellation (e.g. serious illness or injury; family bereavement) or we can find a replacement (this is because RYG will charge us). • If a child has to return home during the trip due to illness or injury, they will be due a partial refund based on the number of nights away. 	
<p>What happens next?</p> <ul style="list-style-type: none"> • Registration open from Tuesday 18 June 2024. • The first payment will be due by 19 July. • The on-line registration form and Behaviour Agreement must be completed when the first payment is made. Your child will NOT be able to go on the trip without completing the form. • RYG paid in full by 3 January 2025. • Update meeting for parents early in the Spring Term. 		
<p>Application Form</p> <ul style="list-style-type: none"> • Done on-line: Registration Form (with behaviour contract attached) – click here. • Please tell us about minor allergies (e.g. hayfever, problems with plasters or particular medicines), dietary requirements / food allergies, other information that would be useful (e.g. bedwetting, possible homesickness). • Keep us updated if things change. 		
<p>More Information</p> <ul style="list-style-type: none"> • If you have further questions, feel free to talk to the Year 6 team, Mrs Thomas or Mr Strudley • Call us on 01344 485448 or e-mail us at secretary@crowwoodprimary.co.uk • Visit the school website • Visit www.rygoutdoor.co.uk 		
	<p style="text-align: center;">Dare to DREAM</p> <p style="text-align: center;">Determination – Responsibility – Everyone Together – Aspiration & Achievement – Mutual Respect</p>	