

Rhos-y-gwaliau (RYG)

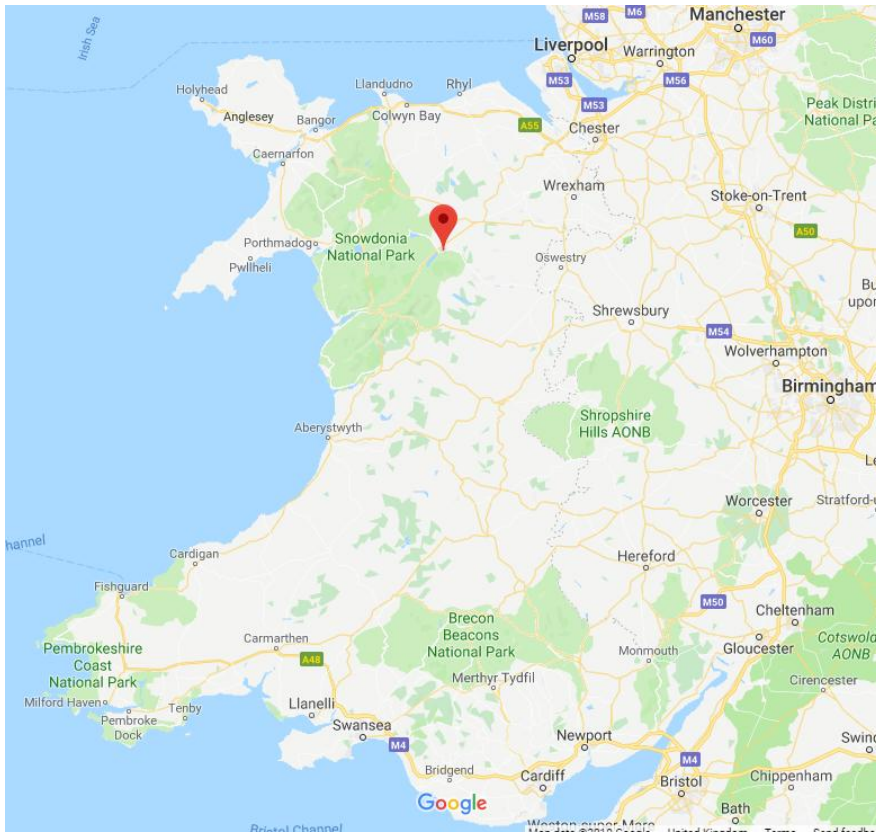
Parents' Meeting 2025-26



When are we going?

- * Leave around 8am on **Sunday 11th January 2026**
- * Back during the afternoon of **Saturday 17th January 2026**
- * **6 Nights away, 5 full days of activities**

Where are we going?



Rhos-y-gwaliau
Outdoor Education Centre
Bala, North Wales

Who can go?

- * The residential trip is an important part of the **Year 6** curriculum and we encourage all children to go.
- * There are no space constraints: **all** of Year 6 are able to go.
- * **We reserve the right not to take any child whose behaviour suggests that they will (a) endanger themselves or others; (b) disrupt the learning and enjoyment of others; (c) fail to follow instructions; or (d) be rude / disrespectful to others.**
- * Children and parents sign a Behaviour Agreement as part of application.

Why send your child?

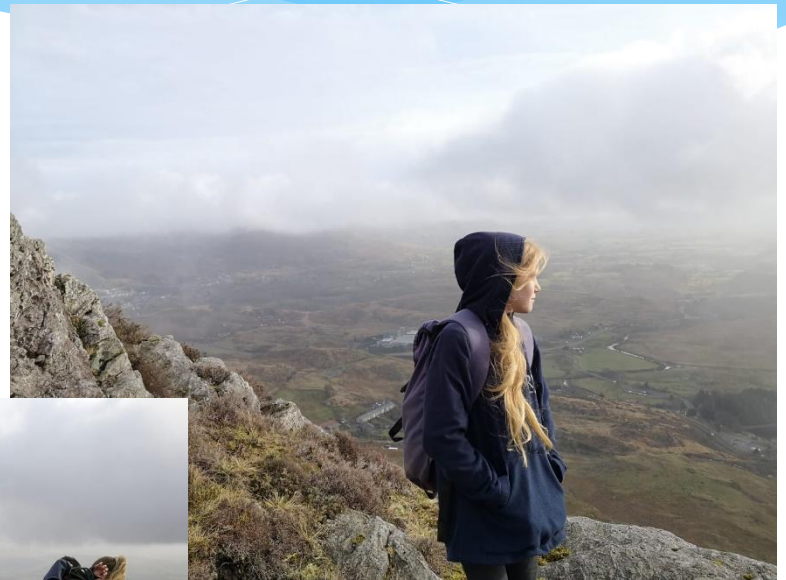
Communication
Fun Thinking
Cooperation
confidence
Self-esteem
Respect Listening
Resilience
skills Collaboration
courage activities

How much does it cost?

- * The cost this year will be **£486.00** for 6 nights' board and lodgings. **There are no other charges – all equipment use, activities and transport are included.**
- * We encourage the children to help pay for the trip by saving pocket money and Christmas money etc.
- * **You can pay by instalments (6 x £81). The first payment will be due by 19 July, with the remaining 5 payments to be made on 3 September, 1 October, 1 November, 2 December and 3 January.**
- * Children currently in receipt of Free School Meals or have had them in the last 6 years are entitled to a significant discount.
- * We are sometimes able to give reductions in other cases of hardship. Please speak to Mrs Ruck for details.

What do the children do at RYG?

Mountain hike



Gorge walking



Via Ferrata



Mine exploration



Canoeing



Low ropes course / Zip Wire



Hill trail / Navigation



And...

- * Night walk
- * Orienteering
- * Problem solving and team challenges
- * Team building games
- * Quiz
- * Disco

Health & Safety

- * RYG is licensed by the **Adventure Activities Licensing Authority** and all instructors are highly qualified and experienced in the activities they lead.
- * We undertake a rigorous risk assessment process.
- * Children provided with appropriate safety equipment and training for all activities.
- * All instructors First Aid trained.
- * Centre staff on call in emergency during night.
- * Doctor on-call and local hospital nearby.

Accommodation



- * The main centre sleeps up to 72 children and the annexe sleeps up to 40.
- * Children stay in single sex dormitories (of various sizes).
- * Staff bedrooms are located next to the dormitories.
- * If we take more than 72, we will be the only group on site. If we have fewer than 72, another group may use the annexe (NB. The annexe is separate from the main building and has its own facilities).
- * Buildings secured by teaching staff at night.
- * Children's common room for 'down time'.

Food

- * Breakfast (juice, cereal, toast, fruit, yoghurt etc).
- * Packed lunch & drink taken to activities.
- * Three-course evening meal.
- * Hot drink and snack before bed.
- * Vegetarians and special diets catered for – **please tell us in advance**

Example Dinner Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
-	Leek & Potato Soup	Swede Soup	Butternut Squash Soup	Tomato Soup	Carrot & Coriander Soup
Fish, Chips & Peas	Chicken Curry & Rice	Pasta & Meat Sauce	Beef & Vegetable Stew with Dumplings	Roast Chicken, Vegetables and Roast Potatoes	Pizza, Chips and Peas
Peaches & Ice-cream	Apple & Peach Crumble	Yoghurt & Fruit	Fruit Salad & Ice-cream	Chocolate Sponge & Custard	Lemon Cheesecake

** Vegetarian alternative available. * Fresh fruit and cold water always available.*

How do we get there?



- * We travel to RYG by luxury coach with on board toilet.
- * The journey takes approximately 5 hours including a 60 minute lunch stop.
- * Children need to provide their own packed lunch for journey to RYG.
- * Once there, children travel by 16-seat minibuses to / from activities.

Weather



In January the average temperature ranges from $-6\text{ }^{\circ}\text{C}$ / $21\text{ }^{\circ}\text{F}$ (at night) to about $7\text{ }^{\circ}\text{C}$ / $45\text{ }^{\circ}\text{F}$ (during the day).

This often means snow peaked mountains!

What to pack?

- * **All equipment needed for activities is supplied by the centre (including fleece, waterproofs, walking boots and rucksacks).**
- * Children will need a single duvet cover, pillow case, water bottle, lunch box and unbreakable (i.e. does not contain glass) flask.
- * A full list of clothes and other essentials is enclosed with the written information.
- * There is a small gift shop - £15 / £20 spending money maximum, but **not** required (Clothing will be ordered prior to trip).
- * **No mobile phones.**
- * We recommend disposable cameras only. Staff will take lots of photographs and we will upload them to a password protected section on the school website.

RYG Orientation

- * In school time.
- * Useful pre-trip preparation:
 - * Chance to ask questions
 - * Team building / Problem solving
 - * Fitness / Stamina
 - * Practice skills (e.g. climbing, map reading)

Cancellation & Refund Policy

- * For cancellations on or before **30th November 2025** (6 weeks prior to departure), you will receive a full refund of any money paid, including your deposit.
- * After that date, we regret that there will be no refund – and you may be liable for the full cost of the trip - unless there is a legitimate reason for cancellation (e.g. serious illness or injury; family bereavement) or we can find a replacement (this is because RYG will charge us).
- * If a child has to return home during the trip due to serious illness or injury, they will be due a partial refund based on the number of nights away.

Registration Form

- * On-line registration form.
- * Must be completed in-full and (electronically) signed.
- * Keep us updated if things change.
- * Link will be sent tomorrow (Tuesday).

Questions and further information

- * If you have further questions, feel free to talk to the Year 6 team or Mr Strudley.
- * Call us on 01344 485448 or e-mail us at secretary@crowwoodprimary.co.uk
- * Visit the school website and access the RYG page for all information shared tonight (available later this week)
- * Visit www.rygoutdoor.co.uk.