


# Rhos-y-gwaliau (RYG) 2025 Parent Information

<p><b>When are we going?</b></p> <ul style="list-style-type: none"> <li>• Leave around 8am on <b>Sunday 11 January 2026</b></li> <li>• Back during the afternoon of <b>Saturday 17 January 2026</b></li> <li>• 6 Nights away, 5 full days of activities</li> </ul>	<p><b>How much does it cost?</b></p> <ul style="list-style-type: none"> <li>• The cost this year is <b>£486.00</b>. <b>There are no other charges.</b></li> <li>• The money we ask you for is for 6 nights and 5 days of food and accommodation as charged by the centre. <b>It is NOT a voluntary contribution.</b></li> <li>• The total amount can be paid in 6 instalments of £81 each via MCAS. The first payment will be due by 19 July, with the remaining 5 payments to be made at the start of September, October, November, December and January.</li> <li>• We encourage the children to help pay for the trip by saving pocket money and Christmas money etc.</li> <li>• <b>Children currently in receipt of free school meals (FSM) - and those who have had them at any point in the last 6 years - are entitled to a reduction in the cost.</b></li> <li>• We are sometimes able to give reductions in other cases of hardship. Please speak to us.</li> <li>• £15 - £20 spending money maximum (<b>but, not required</b>).</li> </ul>
<p><b>Who can go?</b></p> <ul style="list-style-type: none"> <li>• The School Journey is an important part of the <b>Year 6</b> curriculum (i.e. PSHE, PE, Geography) and we encourage all children to go on the trip.</li> <li>• <b>We reserve the right not to take any child whose behaviour at school (including trips and clubs) suggests that they will (a) endanger themselves or others; (b) disrupt the learning and enjoyment of others; (c) fail to follow instructions; or (d) be rude to others.</b></li> </ul>	
<p><b>Why go to RYG?</b></p> <ul style="list-style-type: none"> <li>• Build self-esteem &amp; confidence</li> <li>• Improve communication and listening skills</li> <li>• Develop thinking skills (e.g. problem solving)</li> <li>• Personal and social development (e.g. taking responsibility and working with others)</li> <li>• Responsibility for the environment</li> <li>• Responsibility for own health and safety</li> <li>• Trying new activities and learning new skills</li> </ul>	<p><b>What do the children do at RYG?</b></p> <ul style="list-style-type: none"> <li>• Rock climbing / Beach scrambling</li> <li>• Via Ferrata</li> <li>• Gorge walking</li> <li>• Canoeing</li> <li>• Mine exploration</li> <li>• Orienteering &amp; Map reading</li> <li>• Mountain hike</li> <li>• Problem solving and team challenges</li> </ul>
<p><b>Accommodation</b></p> <ul style="list-style-type: none"> <li>• The main centre sleeps up to 72 children and the annexe sleeps up to 40.</li> <li>• Children stay in single sex dormitories (of various sizes).</li> <li>• Staff bedrooms are located next to the dormitories.</li> <li>• We will be the only group on site.</li> <li>• Buildings secured by teaching staff at night.</li> <li>• Children's common room for 'down time'.</li> </ul>	<p><b>What do they eat?</b></p> <ul style="list-style-type: none"> <li>• Breakfast (juice, cereal, toast, fruit, yoghurt etc).</li> <li>• Packed lunch &amp; drink taken to activities.</li> <li>• Three-course evening meal.</li> <li>• Hot drink and snack before bed.</li> <li>• Vegetarians and special diets catered for – please tell us in advance.</li> <li>• <b>Do NOT pack chocolate, crisps or fizzy drinks as RYG provides plenty of food!</b></li> </ul>
<p><b>How do we get there?</b></p> <ul style="list-style-type: none"> <li>• We travel to RYG by luxury coach with on board toilet.</li> <li>• The journey takes approximately 5 hours, including 60-minute lunch stop.</li> <li>• Children need to provide their own packed lunch for journey to RYG.</li> <li>• Children travel by 16 seat minibuses to activities.</li> </ul>	<p><b>What to pack?</b></p> <ul style="list-style-type: none"> <li>• All equipment needed for activities is supplied by the centre (including fleece; waterproofs; rucksack and walking boots).</li> <li>• Children will need a single duvet cover, pillowcase, water bottle, lunch box and unbreakable (i.e. no glass inside!) flask.</li> <li>• <b>A full list of clothes and other essentials is enclosed with the written information.</b></li> <li>• No mobile phones.</li> <li>• <b>We recommend disposable cameras only (if at all).</b></li> </ul>

<p><b>Health &amp; Safety</b></p> <ul style="list-style-type: none"> <li>• RYG is licensed by the Adventure Activities Licensing Authority and all instructors are highly qualified and experienced in the activities they lead.</li> <li>• We undertake a rigorous risk assessment process and take advice from the Outdoor and Adventurous Activities Service (OAAS).</li> <li>• Children provided with appropriate safety equipment and training for all activities.</li> <li>• All instructors First Aid trained.</li> <li>• Centre staff on call during the night.</li> <li>• Doctor on-call and local hospital nearby.</li> </ul>	<p><b>Weather</b></p> <ul style="list-style-type: none"> <li>• In January the average temperature ranges from -6 °C (at night) to about 7 °C (during the day).</li> <li>• Children are lent full waterproofs, walking boots, high quality fleeces and other equipment as required.</li> </ul>	
<p><b>RYG Orientation</b></p> <ul style="list-style-type: none"> <li>• In school time.</li> <li>• Useful pre-trip preparation: <ul style="list-style-type: none"> <li>○ Team building</li> <li>○ Problem solving</li> <li>○ Fitness / Stamina</li> <li>○ Practice skills (e.g. climbing, map reading)</li> <li>○ Q&amp;A about routines etc</li> </ul> </li> </ul>	<p><b>Cancellation &amp; Refund Policy</b></p> <ul style="list-style-type: none"> <li>• Must be in writing (e-mail is fine) to the Headteacher.</li> <li>• For cancellations on or before 30<sup>th</sup> November 2025 (6 weeks prior to departure), you will receive a full refund of any money paid, including your deposit.</li> <li>• After that date, we regret that there will be no refund – and you may be liable for the full cost of the trip - unless there is a legitimate reason for cancellation (e.g. serious illness or injury; family bereavement) or we can find a replacement (this is because RYG will charge us).</li> <li>• If a child has to return home during the trip due to illness or injury, they will be due a partial refund based on the number of nights away.</li> </ul>	
<p><b>What happens next?</b></p> <ul style="list-style-type: none"> <li>• Registration open from Friday 27 June 2025.</li> <li>• The first payment will be due by 19 July 2025.</li> <li>• The on-line registration form and Behaviour Agreement must be completed when the first payment is made. <b>Your child will NOT be able to go on the trip without completing the form.</b></li> <li>• RYG paid in full by 3 January 2026.</li> <li>• Update meeting for parents early in the Spring Term.</li> </ul>		
<p><b>Application Form</b></p> <ul style="list-style-type: none"> <li>• Done on-line: Registration Form (with behaviour contract attached) – <a href="#">click here.</a></li> <li>• Please tell us about minor allergies (e.g. hayfever, problems with plasters or particular medicines), dietary requirements / food allergies, other information that would be useful (e.g. bedwetting, possible homesickness).</li> <li>• Keep us updated if things change.</li> </ul>		
<p><b>More Information</b></p> <ul style="list-style-type: none"> <li>• If you have further questions, feel free to talk to the Year 6 team, Mrs Thomas or Mr Strudley</li> <li>• Call us on 01344 485448 or e-mail us at <a href="mailto:secretary@crowwoodprimary.co.uk">secretary@crowwoodprimary.co.uk</a></li> <li>• Visit the school website</li> <li>• Visit <a href="http://www.rygoutdoor.co.uk">www.rygoutdoor.co.uk</a></li> </ul>		
	<p style="text-align: center;"><b>Dare to DREAM</b></p> <p style="text-align: center;"><b>Determination – Responsibility – Everyone Together – Aspiration &amp; Achievement – Mutual Respect</b></p>	